

## SELF EMPLOYED AND NON-PROFIT – HOW TO FILE FOR UNEMPLOYMENT INSURANCE STEP BY STEP INSTRUCTIONS

HOW SELF-EMPLOYED CAN FILE FOR UNEMPLOYMENT INSURANCE BENEFITS. Click [HERE](#) for step by step instructions for the self employed

## THE FEDERAL PANDEMIC UNEMPLOYMENT COMPENSATION ADDITIONAL \$600 PER WEEK IN UNEMPLOYMENT FOR THE SELF EMPLOYED

Federal Pandemic Unemployment Compensation – additional \$600 per week for self-employed, Click [HERE](#) for information on the program

### WHAT DO I NEED TO DO?

- If you have not already done so, file a claim online at <https://www.iowaworkforcedevelopment.gov/file-claim-unemployment-insurance-benefits>
- If you have recently filed an unemployment insurance claim, the FPUC additional payment will be added to future unemployment weeks as the department sets up that program. After the effective date of this program, back payments will be issued if you are eligible.
- File weekly claim:  
<https://www.iowaworkforcedevelopment.gov/file-weekly-continued-claim>